

# Is Your Child's Anger Like an Uncontrolled Explosion?

Blue Water Counseling is now offering a 6-week seminar for  
Children ages 7 to 10 years  
who need support for their erupting emotions.

## *Calming Your Anger Eruption: Anger Management for Children*

Teaching children:

- What is anger
- How do I look when I'm angry
- What makes me so angry
- Healthy ways to express anger
- Peace making skills

*Each session will also include techniques and exercises  
for parents to use with their children at home.*

*When: Wednesdays November 18 thru December 23 from 5:45pm - 6:45pm*  
*Where: Blue Water Counseling, 1501 Krafft Rd., Fort Gratiot, MI*  
*Cost: \$25 per class OR \$125 for 6 classes if payment is initially made in full*  
*To Register: Call Rachel Bemke, TLLP at 810-985-5125 x144. Space is limited.*

Check out our website at: [www.bluewatercounseling.com](http://www.bluewatercounseling.com)

